

# DIABETES NEWS & EVENTS

MAY/JUNE 2018

**Mari Ruddy** has lived with type 1 diabetes since June 26, 1981, coming up on 37 years.



## **What was your reaction when they told you had T1D?**

We figured out I had type 1 diabetes because my father had type 1 also. I had lost a lot of weight in a short amount of time and because of my father, we knew the symptoms, which I was exhibiting. I was thirsty all the time and I was peeing constantly. I had just turned 16

when I was diagnosed. My blood sugar was only 350 mg/dl upon diagnosis, so they didn't put me on insulin immediately. I was shocked and I knew that life as I knew it would not continue. Quickly, I wanted to learn everything I could about diabetes. So, I did that. Right away, I became a counselor-in-training at Camp Needlepoint, the diabetes camp in Minnesota/Wisconsin!!! I had an amazing experience and went back for a few years to help out and learn more. To this day, I am good friends with the woman who was the camp director in 1981! She too had type 1.

## **Have you ever been told you could not do something because of your diabetes?**

I have never directly been told I could not do something because of diabetes. However, because from age 1 on, I watched my father have life threatening low blood sugars over and over again, I was very afraid of having low blood sugars. I intentionally was very careful for about 15 years, about not pushing myself athletically, as I had observed my father have lows when he exercised. This resulted in me having an A1c of almost 13 when I was 30 years old. Very slowly, with lots of professional help, I slowly learned how to exercise. When that happened, I started having awesome diabetes management! I've become a bit of an exercise evangelist. So much so, that for six years I ran a company that trained adults with diabetes, both type 1 and type 2, how to become endurance athletes. During that time, I did a Half Ironman Triathlon, a marathon and lots of 100+ mile bike rides. I still do the long bike rides and an occasional short distance triathlon. Road cycling is my most favorite sport!

## **How are you involved in the Diabetes Community?**

In 2007, after my first diagnosis of breast cancer, which happened in October 2004, I started the Red Riders, who are cyclists in the American Diabetes Association Tour de Cure cycling events. I started the Red Riders with two friends and I did it because I had gotten recognition as a cancer surviving athlete and I didn't get recognized as someone taking care of my health at any of the diabetes events I did. I thought that was a sad

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thing that needed to change, so I joined the volunteer organizing committee of the Tour de Cure Colorado and we instituted the Red Rider/Team Red program that for 10 years has been used at all the Tour de Cure events across the United States. Every year, I ride in at least one Tour de Cure event. It brings me great joy! These days I am finishing up a book about how to become an endurance athlete in the face of chronic health challenges, weight challenges and age frustrations. It's taken me more than seven years to get the book finished, so I'm very excited that it's almost done! To stay connected to me to learn when the book is out, please visit my blog and sign up for the weekly inspirational e-news I send out! You can find me at [www.mariruddy.com](http://www.mariruddy.com).

## **If you could see one thing happen or change in the diabetes/community, what would it be? (Besides a cure)**

I confess, a cure would be amazing. And I'm not holding my breath that one will ever come. In the meantime, I have high hopes for the closed loop cgm/insulin pump systems they are working on. I love wearing my cgm! It's helped me tighten up my A1c and learn how various foods impact my system. I am also grateful for all the near and far friends I have who have diabetes who motivate me and who tell me about new things to learn and try. The diabetes online community (DOC) is awesome!

## **Please share something special about your life**

I've had a lot of challenges and struggles this lifetime, and in the end, I am grateful for my passion to help people, to write and to teach. I have incredible friends and colleagues and I always manage to find myself surrounded by kind, generous, adventuresome people.

Mari's Blog [mari@mariruddy.com](http://mari@mariruddy.com)

Website: [www.mariruddy.com](http://www.mariruddy.com)



**Babies are being born with diabetes.**

**Help us find a cure**

## COMING EVENTS



**Camp Registration opens  
March 1 for all camps at  
[www.diabetes.org/camps](http://www.diabetes.org/camps)**

June 14 to June 16 2018 (day camp)

[Camp Sweet Pea](#)

Loveland, Colorado

Age Range: 5 to 17 years

June 18 to June 22 2018 (day camp)

[Camp DX](#)

Denver, Colorado

Age Range: 5 to 17 years

July 1 to July 6 2018 (overnight camp)

[Camp Colorado](#)

Woodland Park, Colorado

Age Range: 8 to 17 years

July 26 to July 28 2018 (day camp)

[Camp Kick Start](#)

Colorado Springs, Colorado

Age Range: 5 to 17 years

***We invite you to see firsthand how your*** commitment to American Diabetes Association is also a commitment to our vision of a life free of diabetes and all its burdens! Please join us for an exclusive Research Lab Tour with Association-funded researcher, Dr. Thomas Delong and learn about the significant advances taking place in diabetes research right here in Colorado. You can read more about Dr. Delong's impactful research at <http://www.diabetes.org/research-and-practice/we-are-research-leaders/recent-advances/possible-trigger-for-t1d.html>

### **American Diabetes Association Research Lab Tour: Hosted by Dr. Thomas Delong**

Thursday, June 14 | 12pm-1pm

Dr. Thomas Delong's Lab, University of Colorado  
School of Pharmacy, 12850 E. Montview Blvd,  
Aurora, CO 80045

RSVP: [amcculloch@diabetes.org](mailto:amcculloch@diabetes.org) | 720-855-1102  
ext. 7018

Do you know someone interested in learning more about the Association? All are welcome at our 2018 Research Tours! Learn more about ADA's extensive research at [diabetes.org/research](http://diabetes.org/research).

## 2018 Tour de Cure Colorado



Now is the time to gather your friends, neighbors and co-workers to be a part of Tour de Cure Colorado! Register now to ride, run or walk September 8, 2018 in Parker, CO and you'll also get the opportunity to receive the 2018 Tour de Cure In-Training Shirt! Registered participants who raise or donate \$100 or more now will receive this shirt.

Sign up

[www.diabetes.org/coloradotourdecure](http://www.diabetes.org/coloradotourdecure)

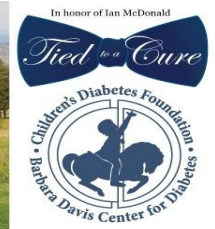


### SUPPORT GROUP

The May Support Group will be on May 17<sup>th</sup> - 6pm  
Ajuua Mexican Restaurant  
(14150 East Iliff Ave, Aurora,  
CO 80014) Join our mailing list to receive updates on CDF Support Groups:

<http://www.childrensdiabetesfoundation.org/support-groups/>

Join the Children's Diabetes Foundation for their upcoming support groups/celebrations! You'll get to meet lots of other people affected by type 1 diabetes who understand exactly what you're going through! All family, friends, caregivers, and loved ones are welcome.



### TIED TO A CURE GOLF TOURNAMENT 2018

#### WHERE:

Pinehurst Country Club, 6255 W. Quincy Ave.  
Denver, CO 80235

#### WHEN:

Monday, July 9, 2018

8:00 AM Registration, 9:00 AM Brunch

10:00 AM Shotgun Start

#### FORMAT

Three flights based on each team's combined handicap, with trophies awarded to each flight.

#### REGISTER

<https://secure.acceptiva.com/?cst=ee88c5>



## CRAZY MERCHANT

1700 W Belleview Ave,  
Littleton, CO 80120  
**Saturday, May 5th at Crazy Merchant** - 11am to 4pm. 5-5-50 event. Only

\$10 items on sale -all at 50% off.

### **TWO SALES AT Paris Market at Aspen Grove**

7301 S Santa Fe Dr, Littleton, CO 80120

June 2nd - 8am to 2pm

July 7th - 8am to 2pm

<https://www.facebook.com/jewelsforhopecolorado>

*Our jewelry sales support the Barbara Davis Center We welcome all jewelry donations*



### **Colfax Marathon Weekend | May 19-20**

Two days, 7 races. Choose your distance for this year's Colfax Marathon Weekend all while raising funds and awareness for JDRF. Visit [team.jdrf.org/event/2018-colfax-marathon](http://team.jdrf.org/event/2018-colfax-marathon) for details.



**JDRF Ride to Cure Diabetes | Various Dates & Locations Including Loveland, CO, August 23-26**  
The JDRF Ride to Cure Diabetes is a charitable bike ride that gives cyclists of all ages and skill levels the opportunity fundraiser for JDRF, the global leader in T1D research. Join fellow riders for a weekend of fun including lively seminars, excursions around town, award dinners and team celebrations that all lead up to the main event—Ride Day. Learn more at [ride.jdrf.org](http://ride.jdrf.org)

**Please call JDRF Rocky Mountain for more details 303-770-2873 or Register**

[https://www2.jdrf.org/site/TRR/Ride/JDRFNationalRide/584347735?pg=utype&fr\\_id=7375](https://www2.jdrf.org/site/TRR/Ride/JDRFNationalRide/584347735?pg=utype&fr_id=7375)

**JDRF One Walk Denver | September 16**

**JDRF One Walk Colorado Springs | October 14**

JDRF One Walk is a fun, family-friendly event where dedicated walkers from across Colorado and Wyoming, volunteers and sponsors raise money to make living with T1D safer and healthier—until it is no longer a threat. Registration opens mid-March. Visit [walk.jdrf.org](http://walk.jdrf.org) for details.

Connecting Colorado's  
**Type 1 Adult**  
Community

### **Join the A1**

**Team** Please join us for the May social gathering of Denver's largest adult Type 1

group, at 6pm on **May 9th** at Punch Bowl Social (65 Broadway, Denver). We gather bimonthly to support one another, trade tips & tricks, check out some of Denver's coolest stops, and enjoy being in awesome company.

To RSVP, please use either our Meetup page

(<https://www.meetup.com/NoCo-T1-Diabetic-Adults/>) or Facebook page

(<https://www.facebook.com/A1TeamDenver>) - to let us know you're coming so we can reserve enough space. Hope to see you there!



*DiabetesSisters*

**DiabetesSisters** is a nonprofit organization whose mission is to improve the health and quality of life of women with diabetes, and to advocate on their behalf. They strive to help women in all phases of life and with any female problems they are going through with diabetes. Their meeting groups, in all locations, are called PODS. Denver does have a group and the web sites is [DiabetesSisters.org](http://DiabetesSisters.org)

**Part of DiabetesSisters (PODS) Meetups**  
PODS are an opportunity for women age 18 and older with any type of diabetes/ prediabetes to share experience, info, and support with others who have been there too. Here is the link Denver Metro or starting a PODS group in their community, or attending the Virtual/Online PODS:

<https://diabetessisters.org/form/pods-part-diabetessisters-interest-form>

### **Type 1 Diabetes Optimist Club (T1DOC) Upcoming On-Line Auction**

The annual T1DOC on-line auction will start on May 20<sup>th</sup> and conclude at 9:00 PM on May 29<sup>th</sup>. This auction both provides "Camperships" to help kids with T1D get to the ADA Camp Colorado this summer and also a donation to JDRF for diabetes research projects. The 2018 auction goal is to raise



\$10,000 and help at least 30 kids. The T1DOC is currently collecting 2018 auction items and welcomes donations from donors who want to help more kids get to Camp. To contribute an auction item(s) please contact David Cooper at (720)-621-2739. All auction donors receive acknowledgement. The on-line auction site address will be announced later in May on the T1DOC Facebook page, website and thru various other social media channels. Please watch for the site address and register to bid. Thanks for helping the kids.

## VISIT OUR NONPROFIT HEALTH

**& MEDICAL THRIFT STORES!** 2003 W. 8th St.,  
Loveland, CO 80537 Ph. 970-624-6002 - 2611 W. 11th  
St. Rd., Greeley, CO 80634 Ph. 970-515-6935

Rocky Mountain Medical Outfitting and Recycling, also known as GoodHealthwill. Heather Holmes started collecting the items after her daughter, Emma, now 9, was born with cerebral palsy, severe brain damage and blindness and needed specialized equipment. She learned that the equipment couldn't be donated elsewhere or resold, so she decided to connect those wanting to donate items to those needing them. After years of collecting, Holmes frequently could not find specific items in her home because of the quantity she had there, plus, there was a lack of space. For this reason, she filled the warehouse right away, she said. "Nurses and therapists come in all the time and say it's a candy store,"

**What:** GoodHealthwill, provider of healthcare equipment and supplies.

**Contact:** email [info@RMMOR.org](mailto:info@RMMOR.org), or go to [GoodHealthwill.org](http://GoodHealthwill.org) or [RMMOR.org](http://RMMOR.org).

**Donation sites:** At the warehouse and at drop-off sites in Fort Collins, Fraser, Greeley, Johnstown, Westminster, Windsor and Cheyenne.

*By Shelley Widhalm Reporter-Herald Staff Writer*

## DIABETIC NEWS

### TOM LINN

I am trying a new insulin called Fiasp®, a New Fast-Acting Mealtime Insulin. Its advantage is that it is much much faster than my usual insulin Humalog. With Humalog I had to bolus 20 to 20 min before a meal and with Fiasp there is almost no lag. Unfortunately those of us on Medicare cannot get it yet but it has done wonders for avoiding post meal spikes that I am prone to... so much so that I had been using Afrezza ...the inhaled insulin....to cut short those spikes. However the Afrezza is remedial while Fiasp is far more preventative.

## FDA Authorizes Marketing of the New Dexcom G6® CGM Eliminating Need for Fingerstick Blood Testing for People with Diabetes

SAN DIEGO--(BUSINESS WIRE)--Mar. 27, 2018--  
DexCom, Inc. (NASDAQ:DXCM), the leader in

continuous glucose monitoring (CGM) is pleased to announce that the U.S. Food and Drug Administration (FDA) has granted a De Novo request for the Dexcom G6® CGM System, the newest generation of CGM for people with diabetes ages 2 and up. The Dexcom G6 is indicated by the FDA for use as both a standalone CGM and for integration into automated insulin dosing (AID) systems. The powerful and revolutionary new Dexcom G6® is the first CGM to receive this classification by the FDA.

Along with this authorization, the FDA is establishing criteria, called special controls, which outline requirements for assuring CGM accuracy, reliability and clinical relevance as well as describe the type of studies and data required to demonstrate acceptable CGM performance.

"As a factory-calibrated, real-time CGM system with exceptional accuracy, the Dexcom G6® will be transformative for people with diabetes, who will no longer be required to prick their fingers for diabetes management," said Daniel DeSalvo, MD, Pediatric Endocrinologist at Texas Children's Hospital in Houston, Texas. "I can tell you as someone who has Type 1 Diabetes myself, with all of its features and benefits, the Dexcom G6® is the CGM device I have been anticipating for the last twenty years. This CGM system will help to alleviate the burden of diabetes management while improving the lives of people with diabetes."

### **New with Dexcom G6®:**

- **Fingerstick Elimination** – No fingersticks are needed for calibration or diabetes treatment decisions.
- **Easy Sensor Applicator** – Complete redesign of the sensor applicator allows for one-touch, simple insertion.
- **Discreet and Low Profile** – A redesigned transmitter with a 28% lower profile than previous generation Dexcom CGMs makes the device comfortable and easy to wear under clothing.
- **Acetaminophen Blocking** – New feature allows for more accurate glucose readings with no medication interference.
- **Predictive Low Alert** – New alert feature predicts hypoglycemia before it hits to help avoid dangerous low blood sugar events.
- **Extended 10-Day Sensor** – 10-day sensor allows for 43% longer wear than previous generation Dexcom CGMs.

## **Dexcom G6® carries forward important features of Dexcom CGM systems:**

- **Continuous Glucose Readings** – Automatically sends glucose readings to a Dexcom receiver or compatible smart device every five minutes.
- **Mobile App and Sharing** – Compatibility with smart device apps allows for sharing glucose information with up to five people for added support.
- **Customizable Alarms and Alerts** – Personalized alert schedule immediately warns the wearer of pending dangerous high and low blood sugars. “Contemporary diabetes technology relies on accuracy and performance, which Dexcom has proven over time. Once again, Dexcom has earned the trust of the research community all over the world,” said Boris Kovatchev, PhD and founding director of the UVA Center for Diabetes Technology. “Innovations like the Dexcom G6® are critical to closing the loop – automated insulin delivery known as the ‘artificial pancreas’.” “We listen closely to people with diabetes and continuously look for ways to empower them to better manage their condition. The FDA’s special controls set a rigorous, new standard in our industry and clearly define the process by which other CGM systems may be approved,” said Kevin Sayer, Chief Executive Officer of Dexcom. “We believe the new Dexcom G6® is a significant step forward for Dexcom and our industry.” The company expects to launch later this year. For more information, visit [www.dexcom.com/G6](http://www.dexcom.com/G6).

## **CITY OF HOPE (a story of success)**

### **The Future of Diabetes Care: Islet Cell Transplantation for T1D**

by Letisia Marquez

#### **Islet Cells**

Islet cell transplantation for treating type 1 diabetes is already used for patients in Canada, Australia and Europe, and, in a few years, the procedure could also become a standard of care in the United States.

That was great news for listeners of Doctor Radio, a Sirius XM channel, which recently featured an interview with Fouad Kandeel, M.D., Ph.D., chair of City of Hope's Department of Clinical Diabetes, Endocrinology & Metabolism, and Elizabeth Jenkins, M.D., a Los Angeles pediatrician who received an islet cell transplant at City of Hope more than eight years ago.

“The Food and Drug Administration actually is looking at the licensing of the islets at the present time,” Kandeel said on the national show hosted by

Nieca Goldberg, M.D., an associate professor of medicine and medical director of New York University's Women's Heart Program. “They wanted to see that the islet cell transplantation has actually shown its promise from multiple centers, and the process of islet isolation is actually well-standardized.” He added: “I believe (the FDA approval) will happen within the next three years.”

Kandeel also explained that City of Hope is a worldwide leader in offering islet cell transplantation. The institution has performed the procedure since 2004.

Most recently, the institution's efforts have also focused on finding better medical approaches to prevent a person's immune system from rejecting islet cells; this occurs because the islet cells are recognized as foreign tissue and the immune system can start to attack them.

In clinical trials, City of Hope is using one strategy, which research suggests will result in better islet cell function in transplanted patients, that is intended to do more than deplete “disease-causing immune cells,” or the immune cells that attack the pancreas and kill insulin-producing cells. It also is intended to spare regulatory T cells, a class of immune cells that can prevent the body's attack on insulin-producing cells.

Jenkins also recounted on the live call-in show her struggles with type 1 diabetes and how transplantation changed her life. She was diagnosed with diabetes at the age of 18, and several years later, started to experience hypoglycemic unawareness, in which a person no longer feels the symptoms of low blood sugar. Dizziness, lightheadedness and shakiness usually signal to a diabetic that their blood sugar has dipped. Without these symptoms, Jenkins found herself unexpectedly passing out. “I went into a coma several times,” Jenkins said. “That is when I decided something needs to happen. I was fortunate to have a doctor familiar with the islet transplant program at City of Hope.” Jenkins received islet cells from a donor pancreas three times; those cells spurred her body to produce insulin-producing islet cells of her own. She was able to stop taking insulin after the procedures more than eight years ago. “I still check my blood sugar, I still eat right, and I still exercise but the fear of ... falling into a coma, having a low blood sugar and not feeling that low blood sugar, that fear is gone,” Jenkins, 43, said. The transplant also made it possible for Jenkins to have a baby. Seven years after receiving the transplants, Jenkins became pregnant and remained on an altered regimen of immunosuppressants, which are prescribed to prevent islet graft rejection and promote immune

tolerance; doctors monitored her closely throughout the pregnancy.

Her daughter, Charlie Hooper, is now 19-months-old. Jenkins was the first islet cell patient in the United States, and only the second in the world, to have had a successful pregnancy post-transplant. "I have to say to anyone, anything is possible," Jenkins said. "Try and take the best care of yourself that you can and have hope because I have a beautiful baby girl that I am so fortunate and so blessed to have."

# 42

## Factors That Affect BG

Food	Biological
<ul style="list-style-type: none"> <li>↑↑ 1. Carbohydrate quantity</li> <li>→↑ 2. Carbohydrate type</li> <li>→↑ 3. Fat</li> <li>→↑ 4. Protein</li> <li>→↑ 5. Caffeine</li> <li>↓↑ 6. Alcohol</li> <li>↓↑ 7. Meal timing</li> <li>↑ 8. Dehydration</li> <li>? 9. Personal microbiome</li> </ul>	<ul style="list-style-type: none"> <li>↑ 20. Insufficient sleep</li> <li>↑ 21. Stress and illness</li> <li>↓ 22. Recent hypoglycemia</li> <li>→↑ 23. During-sleep blood sugars</li> <li>↑ 24. Dawn phenomenon</li> <li>↑ 25. Infusion set issues</li> <li>↑ 26. Scar tissue and lipodystrophy</li> <li>↓↓ 27. Intramuscular insulin delivery</li> <li>↑ 28. Allergies</li> <li>↑ 29. A higher glucose level</li> <li>↓↑ 30. Periods (menstruation)</li> <li>↑↑ 31. Puberty</li> <li>↓ 32. Celiac disease</li> <li>↑ 33. Smoking</li> </ul>
Medication	Environmental
<ul style="list-style-type: none"> <li>→↓ 10. Medication dose</li> <li>↓↑ 11. Medication timing</li> <li>↓↑ 12. Medication interactions</li> <li>↑↑ 13. Steroid administration</li> <li>↑ 14. Niacin (Vitamin B3)</li> </ul>	<ul style="list-style-type: none"> <li>↑ 34. Expired insulin</li> <li>↑ 35. Inaccurate BG reading</li> <li>↓↑ 36. Outside temperature</li> <li>↑ 37. Sunburn</li> <li>? 38. Altitude</li> </ul>
Activity	Behavioral & Decision Making
<ul style="list-style-type: none"> <li>→↓ 15. Light exercise</li> <li>↓↑ 16. High-intensity and moderate exercise</li> <li>→↓ 17. Level of fitness/training</li> <li>↓↑ 18. Time of day</li> <li>↓↑ 19. Food and insulin timing</li> </ul>	<ul style="list-style-type: none"> <li>↓ 39. Frequency of glucose checks</li> <li>↓↑ 40. Default options and choices</li> <li>↓↑ 41. Decision-making biases</li> <li>↓↑ 42. Family relationships and social pressures</li> </ul>

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# Diabetes Technology Meter Study

Diabetes Technology did a study on BG meters. The results are very long and you can go to their website to read the contents. I could not copy the chart, so had to do a print screen, but this will give you a fraction of an idea of what they found. Those in green passed their test. Those in red didn't.

Go to:

<https://www.diabetestechology.org/surveillance.shtml>

Diabetes Technology Meeting		Digital Diabetes Congress		DTSec Cybersecurity Program		DTMoSt Cybersecurity Program		Blood Glucose Monitor Surveillance Program	
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## CHILDREN WITH DIABETES RESEARCH FOUNDATION

An all-volunteer organization that invests in a cure for Type 1 Diabetes For information or

to volunteer, contact

[info@cwdfoundation.org](mailto:info@cwdfoundation.org)

or 303-475-4312



## HUNTER IS LOOKING FOR A HOME



Hunter is an energetic and charismatic boy with a great sense of humor. Hunter is currently enrolled in 7th grade and excels in school academically, listing reading and writing as his favorite subjects. He is a Lego expert, and enjoys playing sports as well as video games. Hunter loves to extend a helping hand, and is

outgoing and friendly with adults.

Hunter suffers from Type 1 Diabetes, and thus requires routine insulin injections. He struggles with the way this disease impacts his lifestyle and eating habits, therefore, finding a family who can empathize with his struggles would be beneficial to Hunter. Hunter is learning to utilize his coping skills and voice his frustrations, and he has shown tremendous growth and maturation in these areas in recent months. Hunter is eager to become part of a family, and openly speaks of his desire to become adopted. Due to Hunter's diabetes requiring extensive care, we are looking for a two parent family or a family with few other children, who can offer the 1:1 supervision and attention essential to Hunter's well-being.

Are you interested in learning more about Hunter? If so, please contact Tara Barrett, Hunter's WWK Adoption Recruiter, at 303-755-4756 x 268, or by e-mail at [tbarrett@adoptex.org](mailto:tbarrett@adoptex.org). For information about becoming an adoptive parent, you may call 303-755-4756 in order to learn more about the certification process.

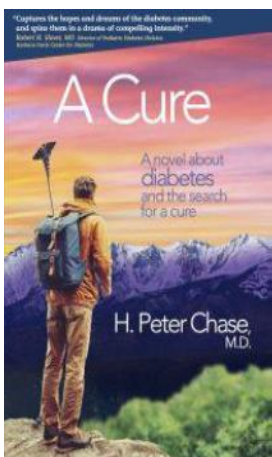
### Hunter

Age: 12 years old Grade: 6 Special Interests: Reading, Writing, Video Games, Legos. Ethnicity: Caucasian/White

**HIS MEDICAL NEEDS WILL BE COVERED BY MEDICAID.**

## "A Cure"

A novel about diabetes and the search for a cure by  
H. Peter Chase, MD



Dr. Chase's novel is riveting and moves along at a fast pace, with some surprising changes of events. I like the list of characters in the front, as it is sometimes a problem to remember everyone."

This book should be read by every diabetic and anyone who has a diabetic in their family. It must be remembered, however, that this book is fictional and there is currently no real cure. Dr. Chase says it is an "educational" novel for people to learn about diabetes in a new way. The murder of Marilyn Shield, and the cured pig (Daisy) brings intrigue into the novel. There are three male/female relationships developing

throughout the book, however, it is "not rated" (OK for children). Books can be purchased by calling CDF at 303-863-1200 or online at [childrensdiabetesfoundation.org](http://childrensdiabetesfoundation.org).



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